

NATALIE J. CIAROCCO

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EDUCATION

CASE WESTERN RESERVE UNIVERSITY Ph.D. Experimental Psychology	2003
CASE WESTERN RESERVE UNIVERSITY M.A. Experimental Psychology	2001
CASE WESTERN RESERVE UNIVERSITY B.A. Psychology Minors: Anthropology & Theater	1999

TEACHING EXPERIENCE

MONMOUTH UNIVERSITY Associate Professor	2012
Assistant Professor	2007-2012
FLORIDA ATLANTIC UNIVERSITY Assistant Professor	2003-2007

TEXTBOOKS

Lewandowski, G. W., Jr., **Ciarocco**, N. J., & Strohmets, D. B. (2016). *Discovering the scientist within: Research methods in psychology*. New York: Worth.

BOOK CHAPTERS

- Strohmets, D. B., **Ciarocco**, N. J., & Lewandowski, G. W. (in press). [TeachPsychScience.org](http://teachpsych.org): Sharing to improve the teaching of research methods. In R. S. Jhangiani & R. Biswas-Diener (Eds.), *Open: The philosophy and practices that are revolutionizing psychological science and education* (pp. xx-xx). London, UK: Ubiquity Press.
- Ciarocco**, N. J., Dinella, L. M., & Lewandowski, G. W., Jr. (2011). Strategies for making psychology self-relevant in and out of the classroom. In R. Miller & B. Rycek (Eds.), *Promoting student engagement: Volume I: Programs, techniques and opportunities* [E-book]. Society for the Teaching of Psychology. <http://teachpsych.org/resources/e-books/pse2011/vol1/36.%20Self-relevance.pdf>
- Ciarocco**, N. J. (2007). Modeling of Behavior. In R. F. Baumeister & K. D. Vohs (Eds.), *Encyclopedia of Social Psychology*. Thousand Oaks, CA: SAGE Publications.

PEER-REVIEWED PUBLICATIONS

- Ciarocco**, N. J., Dinella, L. M., Hatchard, C. Y., & *Valosin, J. (2016). Integrating professional development across the curriculum: An effectiveness study. *Teaching of Psychology*. doi: 10.1177/0098628316636217
- Ciarocco**, N. J., Lewandowski, G. W., Jr., & Van Volkom, M. (2013). The impact of a multifaceted approach to teaching research methods on students' attitudes. *Teaching of Psychology*, 40, 20-25. doi:10.1177/0098628312465859
- Lewandowski, G. W., Jr., **Ciarocco**, N. J., *Pettenato, M. & *Stephan, J. (2012). Pick me up: Ego depletion and receptivity to relationship initiation. *Journal of Social and Personal Relationships* 29, 1071–1084.

- Lewandowski, G. W., Jr., **Ciarocco**, N. J., & *Gately, E. L. (2012). The effect of embodied temperature on perceptions of global warming. *Current Psychology*, *31*, 318-324. doi:10.1007/s12144-012-9148-z
- Ciarocco**, N. J., *Echevarria, J. & Lewandowski, G. W., Jr. (2012). Hungry for love: The influence of self-regulation on likelihood of infidelity. *Journal of Social Psychology*, *152*, 1-14. doi: 10.1080/00224545.2011.555435
- Ciarocco**, N. J., Vohs, K. D., & Baumeister, R. F. (2010). Some good news about rumination: Task-focused thinking after failure facilitates performance improvement. *Journal of Social and Clinical Psychology*, *29*, 1057-1073.
- Twenge, J. M., Baumeister, R. F., DeWall, C. N., **Ciarocco**, N. J., & Bartels, J. M. (2007). Social exclusion reduces prosocial behavior. *Journal of Personality and Social Psychology*, *92*, 56-66.
- Baumeister, R. F., DeWall, N., **Ciarocco**, N. J., & Twenge, J. M., (2005). Social exclusion impairs self-regulation. *Journal of Personality and Social Psychology*, *88*, 589-684.
- Vohs, K. D., Baumeister, R. F., & **Ciarocco**, N. J. (2005). Self-regulation and self-presentation: Regulatory resource depletion impairs impression management and effortful self-presentation depletes regulatory resources. *Journal of Personality and Social Psychology*, *88*, 632-657.
- Vohs, K. D., & **Ciarocco**, N. J. (2003). Interpersonal functioning and self-regulation: A literature review. In R.F. Baumeister & K.D. Vohs (Eds.) *Handbook of Self-Regulation: Research, theory, and applications*. New York: Guilford.
- Baumeister, R.F., Twenge, J.M., & **Ciarocco**, N. J. (2002). The inner world of rejection: Effects of social exclusion on cognition, emotion, and self-regulation. In J. Forgas & K. Williams (Eds.), *The social self: Cognitive, interpersonal, and intergroup perspectives*. New York: Psychology Press.
- Sommer, K. L., Williams, K. D., **Ciarocco**, N. J., & Baumeister, R. F. (2001). When silence speaks louder than words: Explorations into the intrapsychic and interpersonal consequences of social ostracism. *Basic and Applied Social Psychology*, *2*, 225-243.
- Ciarocco**, N. J., Sommer, K. L., & Baumeister, R. F. (2001). Ostracism and ego depletion: The strains of silence. *Personality and Social Psychology Bulletin*, *27*, 1156-1163.
- Tice, D. T., & **Ciarocco**, N. J. (1998). Inhibition and self-control. *Psychological Inquiry*, *9*, 228-231.
- * indicates an undergraduate student

TEACHING RESOURCES

- Ciarocco**, N. J. (in press). A modular approach to teaching professional development. In W. Altman, L. Stein, & J. E. Westfall (Eds.), *Essays from e-xcellence in teaching* (Vol. 16, pp. x-x).
- Ciarocco**, N. J., Strohmets, D. B., & Lewandowski, G. W., Jr. (2016). Research in action: Immersive learning activities to accompany *Discovering the Scientist Within: Research Methods in Psychology*. New York: Worth.
- Lewandowski, G. W., Jr., **Ciarocco**, N. J., Strohmets, D. B., & Ensley, C. J. (2016). Instructor's Manual to accompany *Discovering the Scientist Within: Research Methods in Psychology*. New York: Worth.
- Strohmets, D. B., Lewandowski, G. W., Jr., & **Ciarocco**, N. J. (2016). PowerPoint slide presentations to accompany *Discovering the Scientist Within: Research Methods in Psychology*. New York: Worth.
- Lewandowski, G. W., Jr., Strohmets, D. B. & **Ciarocco**, N. J. (2015). Essentials of experimental psychology. *Journal of Visualized Experiments*. doi:10.3791/10169

GRANTS

- Ciarocco**, N. J., & Strohmets, D. B. (2016). *Developing an Assessment of Skills for Psychology Undergraduates*. Instructional Resource Award from the Society for the Teaching of Psychology (Award Amount: \$1,500).
- Ciarocco**, N. J., Strohmets, D. B., & Lewandowski, G. W., Jr. (2015). *TeachPsychScience.org: Communicating Science*. Association for Psychological Science Fund for Teaching and Public Understanding of Psychological Science (Award Amount: \$4,989.00).

- Dinella, L. M., & **Ciarocco**, N. J. (2015). *Grant in support of the third biennial Atlantic Coast Teaching of Psychology Conference (ACToP Conference)*. American Psychological Association BEA Grant for Precollege & Undergraduate Teaching Conference. (Amount awarded: \$1,000).
- Ciarocco**, N. J. & Dinella, L. M. (2013). *Atlantic Coast Teaching of Psychology Conference*. Association for Psychological Science Fund for Teaching and Public Understanding of Psychological Science (Award Amount: \$1,500).
- Dinella, L. M., & **Ciarocco**, N. J. (2013). *Grant in support of the 2013 Atlantic Coast Teaching of Psychology Conference (ACToP Conference)*. American Psychological Association BEA Grant for Precollege & Undergraduate Teaching Conference. (Amount awarded: \$1,000).
- Dinella, L. M., & **Ciarocco**, N. J. (2013). Grant in support of the first biennial Atlantic Coast Teaching of Psychology Conference (ACTOP Conference). Society for the Teaching of Psychology's Small Grants—Promoting Partnership Program. (Amount awarded: \$325).
- Ciarocco**, N. J., & Dinella, L. M. (2012). *Grant in support of the 2013 Atlantic Coast Teaching of Psychology Conference*. Society for the Teaching of Psychology's Master Teacher Speaker Program. (Amount awarded: \$1,000).
- Dinella, L. M., **Ciarocco**, N. J., & Lewandowski, G. W., Jr., (2011). *Grant in support of the first biennial Atlantic Coast Teaching of Psychology Conference (ACToP Conference)*. American Psychological Association BEA Grant for Precollege & Undergraduate Teaching Conference. (Amount awarded: \$1,000).
- Ciarocco**, N. J., Dinella, L. M., & Lewandowski, G. W., Jr., (2011). *Atlantic Coast Teaching of Psychology Conference*. Association for Psychological Science Fund for Teaching and Public Understanding of Psychological Science (Award Amount: \$1,000).
- Dinella, L. M., **Ciarocco**, N., & Lewandowski, G. (2010). Grant in support of the first biennial Atlantic Coast Teaching of Psychology Conference (ACToP Conference). American Psychological Association BEA Grant for Precollege & Undergraduate Teaching Conference. (Amount awarded: \$750).
- Dinella, L. M., **Ciarocco**, N. J., & Lewandowski, G. W., Jr., (2010). *Grant in support of the first biennial Atlantic Coast Teaching of Psychology Conference (ACToP Conference)*. Society for the Teaching of Psychology's Small Grants—Promoting Partnership Program. (Award Amount: \$750).
- Lewandowski, G. W., Jr., **Ciarocco**, N. J., & Strohmets, D. B. (2009). *TeachPsychScience.org: Resources for Teaching Research and Statistics in Psychology*. Association for Psychological Science Fund for Teaching and Public Understanding of Psychological Science (Award Amount: \$4,908.50).
- Ciarocco**, N. J., Strohmets, D. B., & Lewandowski, G. W., Jr. (2009). *Exemplar studies for teaching research methodology*. Instructional Resource Award from the Society for the Teaching of Psychology (Award Amount: \$1,500).
- Ciarocco**, N. J. (2008). *The positive implication of rumination*. Grant-in-Aid for Creativity, Monmouth University. (Award Amount: \$1,921).
- Ciarocco**, N. J. (2005). *Incorporating writing into history of psychology*. Writing Across the Curriculum Grant, Florida Atlantic University (Award Amount: \$2,500).

CONFERENCE PRESENTATIONS AND INVITED TALKS

- Ciarocco**, N. J. (October, 2016). *Combating the Ostrich Effect: Providing Curricular Opportunities for Professional Development*. Talk presented at the Society for Teaching of Psychology's Annual Conference on the Teaching of Psychology, Decatur, GA.
- Ciarocco**, N. J., Strohmets, D. B., & Lewandowski, G. W., Jr. (March, 2016). *Mythbusters: Research Methods Edition*. Invited talk presented at the annual meeting of the Eastern Psychological Association, New York, NY.
- Strohmets, D. B., **Ciarocco**, N. J., & Lewandowski, G. W., Jr. (February, 2016). Returning the joy to research methods [Webinar]. In *Macmillan's The Psychology Community Webinar Series*.

- Ciarocco, N. J., Strohmetz, D. B., & Lewandowski, G. W., Jr.** (January, 2016). *Research methods: An employer's dream course*. Invited talk presented at the National Institute for the Teaching of Psychology (NITOP) Conference, St. Petersburg Beach, FL.
- Ciarocco, N. J.** (2015, June). *How Psychology Uses the Scientific Method*. Invited address to science students at Freehold High School, Freehold, NJ.
- Ciarocco, N. J., & Hatchard, C. J.** (2013, June). *Curricular Opportunities for Professional Development*. Paper presented at Eastern Conference on the Teaching of Psychology, Staunton, VA.
- Lewandowski, G. W., Jr., & **Ciarocco, N. J.** (2013, January). *What's The Point?: A New Approach to Teaching Research Methods*. Invited talk at the Society for Personality and Social Psychology Teaching Pre-conference, New Orleans, LA.
- Lewandowski, G. W., Jr., & **Ciarocco, N. J.** (2012, October). *It All Starts with a Question: A New Perspective on Teaching Methodology*. Keynote address at the STP Best Practices Conference: Best Practices in Teaching Statistics and Research Methods, Atlanta, GA.
- *Gately, E. L., *Dambra, C. M., **Ciarocco, N. J.**, & Lewandowski, G. W., Jr. (2011, March). *The influence of temperature sensations on global warming*. Paper presented at the annual meeting of the Eastern Psychological Association, Cambridge, MA.
- Ciarocco, N. J.** (2009, June). *Headliners: Making psychology self-relevant through current media*. Symposium conducted at Eastern Conference on the Teaching of Psychology, Staunton, VA.
- Ciarocco, N. J.** (2008, March) *The impact of rejection on pro-social behavior*. Paper presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Ciarocco, N. J.** (2006, January). *Reflecting on unfulfilled goals: The beneficial effects of rumination*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Palm Spring, CA.
- Vohs, K.D., **Ciarocco, N. J.**, & Baumeister, R.F. (2005). *Self-presentation and self-regulation: Impression management abilities are paid in ego resources*. Social psychology winter conference, Park City, UT.
- Vohs, K. D., **Ciarocco, N. J.**, & Baumeister, R. F. (2003, February). *Self-regulation and impression management: A resource-depletion account*. Self Pre-conference at Society for Personality and Social Psychology, Los Angeles, CA.
- Ciarocco, N. J., Catanese, K. R., & Schmeichel, B. J.** (2002, September). *Happiness is lots of self-esteem, right?* Presentation at Sex, Drugs and Rock, and Roll student conference, Cleveland, OH.
- Ciarocco, N. J., Baumeister, R. F.** (2001, May). *Thinking about failure: The positive effects of rumination*. Paper presented at the Midwestern Psychological Association, Chicago, IL.
- Ciarocco, N. J., Baumeister, R. F.** (2000, May). *Ostracism as a source of ego depletion: The consequences of ignoring others*. Paper presented at the Midwestern Psychological Association, Chicago, IL.
- Ciarocco, N. J., Sommer, K. L., and Williams, K. D.** (1998, April). *On being ignored and not knowing why: The detrimental effects of ambiguous silence*. Paper presented at the Midwestern Psychological Association, Chicago, IL.
- * indicates an undergraduate student

POSTER PRESENTATIONS

- Ciarocco, N. J., Dinella, L. M., Hatchard, C. Y., Valosin, J.** (January, 2016). *The Effectiveness of a Modular Approach to Teaching Professional Development*. Poster presented at the National Institute for the Teaching of Psychology (NITOP) Conference, St. Petersburg Beach, FL.
- Ciarocco, N. J., & O'Dwyer, J.*** (2015, February). *Doing with others what you cannot do alone: The role of group support in self-control*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Ciarocco, N. J., Twenge, J. M., Muraven, M., & Tice, D. M.** (2012, January). *The State Self-Control Capacity Scale: Reliability, Validity, & Correlations with Physical & Psychological Stress*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

- Lewandowski, G. W., Jr., **Ciarocco**, N. J., *Pettenato, N. & *Stephan, J. (2011, January). *The influence of ego depletion on the receptivity to relationship initiation strategies*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Ciarocco**, N. J., Strohmetz, D. B., & Lewandowski, G. W., Jr. (2011, January). *Teaching through example: How to use empirical studies to teach research methods*. Poster presented at the annual meeting of the National Institute on the Teaching of Psychology, St. Pete, FL.
- Lewandowski, G. W., Jr., **Ciarocco**, N. J. & Strohmetz, D.B. (2011, January). *Teaching the Science of Psychology: A Collection of Resources*. Poster presented at the annual meeting of the National Institute on the Teaching of Psychology, St. Pete, FL.
- Ciarocco**, N. J., *Echevarria, J. & Lewandowski, G. W., Jr. (2010, January). *Too weak to resist: The influence of self-regulation on infidelity*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- *Pelaez, A. & **Ciarocco**, N. J. (2006, March). *The impact of regulation on persuasion*. Poster presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
- Ciarocco**, N. J. & Catanese, K. R. (2005, February). *The Reflecting on Unfulfilled Goals: The positive impact of rumination on task performance*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Ciarocco**, N. J., Baumeister, R. F. (2004, February). *The beneficial effects of action rumination*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Ciarocco**, N. J., Schmeichel, B. J., Twenge, J. M., & Baumeister R. F. (2003, February). *Helping in the face of rejection: Social exclusion hampers prosocial acts*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.
- Ciarocco**, N. J., Baumeister, R. F. (2002, June). *Reflecting on failure: The benefits of rumination*. Poster session presented at the annual meeting of the American Psychological Society, New Orleans, LA.
- Ciarocco**, N. J., Baumeister R. F. (2002, February). *Pondering failure: The positive effects of rumination*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Savannah, GA.
- Juola-Exline, J., **Ciarocco**, N. J., Baumeister, R. F. (2001, February). *Forgive and regret? Misgivings in the wake of forgiveness and apology*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Ciarocco**, N. J., Baumeister R. F. (2000, February). *Depleting effects of ostracism*. Poster session presented at the annual meeting of the Society for Personality and Social Psychology, Nashville, TN.
- * indicates an undergraduate student

AWARDS

Distinguished Teacher of the Year Award Nominee, Monmouth University	2016
MLK, Jr. Unsung Hero Award Nominee, Monmouth University	2010
Excellence & Innovation in Undergraduate Teaching Award, Florida Atlantic University; Charles E. Schmidt College of Science	2006
Professor of the Year, Florida Atlantic University; MacArthur Campus	2006
Professor of the Year, Florida Atlantic University; Treasure Coast Campus	2005
Verhosek Fund Award, Case Western Reserve University	2002
Alumni Travel Award, Case Western Reserve University	1999 – 2002
Travel Award, Society for Personality and Social Psychology	2000
Mather Alumnae Award, Case Western Reserve University	1999
Summa Cum Laude, Case Western Reserve University	1999
Phi Beta Kappa Society, Case Western Reserve University	1999

Phi Beta Kappa Grant, Case Western Reserve University

1998

PROFESSIONAL SERVICE

Consulting Editor for <i>Teaching of Psychology</i>	2017 - 2020
STP Scholarship of Teaching & Learning, Consulting Service Mentor	2016 - 2019
<i>This is How I Teach</i> Blog hosted by Society of Teaching of Psychology, Contributor	2016
TeachPsychScience Website, Co-founder & Editor	2009 - present
Psychology of Self, by Pickett & Chen for University of California Press, Reviewer	2016
Atlantic Coast Teaching of Psychology Conference, Co-Founder & Co-Coordinator	2011, 2013, 2015
Society for the Teaching Psychology Instructional Resource Awards, Reviewer	2012 - 2016
Scholarship of Teaching and Learning in Psychology, Ad Hoc Reviewer	2014 - 2016
Teaching of Psychology, Ad Hoc Reviewer	2013, 2014, 2016
Society for Personality and Social Psychology Conference, Reviewer	2011
Social Psychological and Personality Science, Ad Hoc Reviewer	2011, 2013
Social Psychology, Ad Hoc Reviewer	2011
Journal of Social and Clinical Psychology, Ad Hoc Reviewer	2011
Basic and Applied Social Psychology, Ad Hoc Reviewer	2004, 2006, 2010, 2013
European Journal of Social Psychology, Ad Hoc Reviewer	2003, 2010
Analysis of Social Issues and Public Policy, Ad Hoc Reviewer	2009
Self and Identity, Ad Hoc Reviewer	2008
Personality and Individual Differences, Ad Hoc Reviewer	2003, 2004, 2007, 2008
National Science Foundation, Ad Hoc Reviewer	2006
Southeastern Psychological Association Conference, Reviewer	2006
Intimate Relationships, 4 th edition by Miller & Campbell for McGraw Hill, Reviewer	2004
Journal of Experimental Social Psychology, Ad Hoc Reviewer	2003

MEMBERSHIPS

The Society for the Teaching of Psychology
 Society for Personality and Social Psychology
 Eastern Psychological Association
 Association for Psychological Science

UNIVERSITY SERVICE

MONMOUTH UNIVERSITY

First Year Faculty Workshop, Presenter	2016
Transformative Learning Inquiry Team, Member	2015-present
Institutional Review Board, Member	2014-present
School Personnel Committee, Member	2013-present
First Year Advisor	2012-present
Faculty Peer Observer	2012-present
Department Academic Coordinator	2012-present
Faculty Council, Member	2011-2013
Working Group Freshman Seminar, Member	2010-2013

Undergraduate Psychology Club, Faculty Advisor	2008-2013
Master Tudor	Spring 2010
General Education Task Force (Technology Literacy), Member	Spring 2009
LC100 Instructor	Fall 2008 & 2009
Career Adviser and Planner	2008-2009
Habitat for Humanity, Faculty Adviser	2007-2009
Psi Chi: National Honor Society in Psychology, Faculty Advisor	2008-2009
Search Committee for Specialist, Chair	Spring 2010
Psychology Department Newsletter, Editor (semi-annual)	2007-2013
Psychology Department, Academic Adviser	2007-present
Fall Psychology Conference, Chair	2008
Spring Psychology Conference, Chair	2008, 2009, 2010, 2011
Fall Psychology Conference, Chair	2007
Fall Psychology Research Conference, Key Note Speaker	2007
FLORIDA ATLANTIC UNIVERSITY	
Phi Beta Kappa, Secretary/Treasurer	2006-2007
Psychology Association, Faculty Advisor	2003-2007
Psychology Undergraduate, Adviser	2003-2007
Library Advisory Committee, Member	2005-2007
Strategic Planning Committee, Member	2004
Inauguration Committee, Member	2003